



Lightwave
UNIVERSITY



GENERAL PRACTITIONER **COURSE CATALOG 2026**

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About Lightwave University



Lightwave University is the educational hub of Lightwave Dental, designed to bring all clinical learning under a single, university-style structure. Like a true academic institution, we offer a curriculum of programs that range from advanced implant mastery and hygiene education to leadership development and mentorship. Each program is carefully curated to provide real-world training, evidence-based best practices, and opportunities for collaboration with peers and experts.

Whether delivered live, through third-party experts, or via self-guided courses, Lightwave U ensures that every member of our clinical family has access to the tools, knowledge, and confidence needed to grow, today and for years to come.

Academic Calendar 2026

Lightwave U offers a full calendar of programs throughout 2026, with opportunities to learn both in person and online. Our curriculum is organized into seasonal terms, making it easy for clinicians to plan professional development alongside practice responsibilities. We'll continue to share additional CE opportunities that arise throughout the year via email announcements and our Clinical Newsletter. You can access the latest Clinical CE Calendar and Clinical Newsletters on our Clinical SharePoint page.

Scan to View
the Clinical SharePoint Page



The background of the entire page is a dark blue, semi-transparent image. It features a close-up of a person's hands in white gloves, one holding a dental mirror and the other a dental probe, positioned as if examining a dental model. The model shows a set of teeth. The overall aesthetic is professional and clinical.

Our Mission

At Lightwave University, our mission is to empower every clinician to reach their highest potential through world-class education, mentorship, and hands-on training. We provide structured, innovative learning opportunities that strengthen clinical skills, build leadership, and elevate patient care across the Lightwave community.

Our Vision

Our vision is to create a premier center of dental education within the DLO space—one that is recognized for academic excellence, practical application, and lifelong professional growth. By uniting expertise, technology, and collaboration, Lightwave U will become the trusted pathway for clinicians to advance their careers and deliver exceptional outcomes for patients.

Continuing Education Leadership

At Lightwave University, our Continuing Education programs are guided by experienced leaders dedicated to advancing clinical excellence and professional growth across all practices.



Ella Leach
Clinical Education Manager

ella@lightwavedental.com | 717-875-9393

Ella oversees clinical education and development initiatives, including mentorship programs and advanced training opportunities for doctors across the Lightwave network.



CONTINUING EDUCATION **Policy**

Course Identification

Wondering if a specific course is already offered by Lightwave? Our CE Pre-approval form allows our team to quickly check course availability, ensuring you invest your time and CE balance wisely.

Access to Tools

By completing the form, you'll gain access to essential tools or resources related to performing the new skill. Whether it's advanced equipment, specialized software, or Lightwave mentor doctor, we've got you covered.

Facilitating New Skills

We believe in continuous improvement. The CE Pre-approval form ensures that you're equipped with the necessary knowledge and tools to master new skills, ultimately benefiting your patients and practice.

Connecting Doctors and Lightwave

Education is a bridge that connects us all. Through our Lightwave CE program, we foster a community of learning, collaboration, and growth. Let's learn together and bring brighter smiles to our community!

CONTINUING EDUCATION

Overview

1. Research the CE course you want to attend

Course content, fees, dates, and estimated travel expenses
Review your CE balance in Dayforce > Balances

2. Request pre-approval for CE course and travel expenses via Dayforce

If your chosen CE course is irrelevant or will not add value to the practice, we may decline to pay for the external CE course.

Check your available CE balance in Dayforce > Balances to ensure you have enough available CE credit.

Ella Leach, our Clinical Education Manager (CEM) will approve the course.

3. Pay for the CE course, book your own travel (if applicable), and keep your receipts

Note: You may not pre-fund your CE expenses by using a practice credit card. You must use your own personal credit card to pay for the course/travel and then you will be reimbursed after attending the course.

4. Attend the CE course and keep track of your travel (if applicable)

5. Complete the CE reimbursement form in Dayforce

- Forms > Doctor CE Reimbursement and attach supporting documentation (e.g., travel receipts, course)
- Certificate or proof of attendance, map detailing mileage, etc.
- Enter the CE course date(s) in the table on the form.
- Enter the amount you are requesting for reimbursement.
- Note: This amount must not exceed your available CE balance. If your expenses exceed your balance amount, enter your available balance in the Amount field.
- Attach supporting documentation (required) and add comments (optional).
- Submit the form for approval.

6. CEM will review and process your request

7. You will receive a Dayforce notification once your form has been processed

8. Your CE reimbursement will be included with your next available paycheck

Contact the Clinical Education Manager with all CE questions:

Ella Leach at ella@lightwavedental.com

Eligible Expenses

- **Pre-approved CE Course Registration/Participation Fees:** Eligible for reimbursement after course completion.
- **Travel:** Travel expenses directly related to attending the pre-approved CE course. Meals and entertainment expenses are not covered under this policy. Such travel expenses include:
 - Hotel stay
 - Air transportation
 - Ground transportation
 - Mileage- *Note: Mileage will be reimbursed at the IRS rate per mile for the year in which travel occurred.*

Membership fees/dues for voluntary associations or organizations

Examples: ADA, AGD, ICOI, AACD, Specialty Associations, etc., are CE eligible

Fees for annual dental licenses and DEA renewals are **NOT** CE-eligible expenses. Submit these expenses for reimbursement to your PM who will submit through Accounts Payable (Bill.com).

Reimbursement Deadlines:

You must submit your CE reimbursement request by the 4th of the month following the month in which the expense was incurred.

Documentation **Dos:**

- **Receipts:** Itemized receipts must include item/course name, total amount paid, date paid, and vendor name.
- **CE course certificate or other proof of completion:** must include course completion date, your name, and course name.
- **Proof of mileage:** MileIQ csv file or Google map PDF file that includes your route and total miles driven.

Documentation **Don'ts:**

- Credit card statements will not be accepted as proof of payment.
- Any payment documentation that is missing item/course name, amount paid, date paid, or vendor name.
- Course information that is missing your name, course name, or course completion date.
- Any mileage documentation that does not include total miles driven.

Month Expense is Incurred*	Submit CE Reimbursement Request by	Payment Date (paid on your monthly paycheck)
January	February 4	February
February	March 4	March
March	April 4	April
April	May 4	May
May	June 4	June
June	July 4	July
July	August 4	August
August	September 4	September
September	October 4	October
October	November 4	November
November	December 4	December
December	January 4	January

*Expenses are incurred on the date services are rendered (e.g., date course is completed).

CONTINUING EDUCATION FAQs

What is the Doctor Continuing Education (CE) Program?

Lightwave Dental provides internal continuing education courses and will provide non-taxable reimbursement to doctors for external course fees and course-related travel expenses up to a combined value as specified below.

What is the Lightwave Dental internal CE program?

Lightwave Dental facilitates all coordination and payments for Internal CE courses. When you participate in internal CE courses, the Lightwave Clinical Team will deduct any related course fees from your CE balance in the month after the course is completed. Examples include the Lightwave Implant Masterclass, the Lightwave Endodontic Masterclass, SPP Summits, and access to leadership and case acceptance online programs.

Who is eligible to participate?

Full-time and part-time doctors.

What is the annual CE benefit?

Please refer to your individual employment agreement and/or contract addendum for your annual CE benefit. Reach out to Ella Leach with any questions. Ella@lightwavedental.com

What happens if I don't use my full CE benefit each year?

Your CE benefit does not carry over each year; therefore your CE balance will reset to your annual benefit limit on the anniversary of your hire date each year.

What happens if my CE expenses exceed my available CE benefit?

Submit your CE reimbursement request up to your available CE benefit amount and include all backup documentation in your request. Any amount that exceeds your benefit limit will not be reimbursed.

Pre-Approval Form:

- Complete pre-approval form and submit via Dayforce.
- Log into Dayforce, select Forms, and open the Doctor CE approval form.
- CEM will approve within 7-10 days (reach out to CEM if you need the approval sooner).

How do I submit my CE expenses for reimbursement?

- Log into Dayforce, select Forms, and open the Doctor CE Reimbursement form. Complete the form, upload backup documentation (i.e., receipts and course certificate or proof of completion), add comments, and submit the form for approval.
- Submit Doctor CE Reimbursement form no later than the 4th of the month following the month in which the course was completed. If your request is approved, you will be reimbursed on your next regular paycheck.

Do I need to include receipts with my CE reimbursement request?

Yes, CE is a non-taxable reimbursement, and as such, backup documentation is required. Documentation must include travel receipts, CE course certificate or other proof of attendance, and proof of mileage (if applicable). Please remember that food and entertainment are not covered. Reach out to Ella Leach for an updated copy of our CE Policy.



Programs & Courses

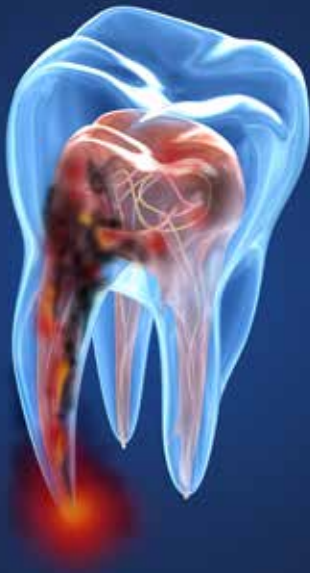


Endodontics

How much time did your dental school education actually spend on endodontics?

If your answer is “not much,” you’re far from alone. With so many topics to cover, the curriculum doesn’t leave much opportunity to explore the topic, and many schools don’t even have an endodontist on faculty.

Unfortunately, this is costing you.



You may not realize it, but endodontics plays a significant role in treating your patients. If you’re in the business of diagnosing pain, you’re already doing endo! **This means that the lack of proper training is losing you patients,** and after working hard to establish yourself, build your practice, and achieve top-notch outcomes, that’s the last thing you want to do.

Fortunately, there’s a clear solution.

By enhancing your endodontic training, you can become more efficient, achieve better outcomes, and bring more revenue to your practice.



Instructor:

Professor Shanon Patel, BDS, MSc, PhD,
FHEA, FDS (Rest Dent) RCS (Eng)

Professor Shanon Patel, Professor of Endodontology at King’s College London and Consultant Endodontist at Guy’s & St. Thomas’ NHS Trust, has over 20 years of experience training general dentists and endodontic residents. His work focuses on CBCT, root resorption, and restoration of root-treated teeth.



Predictable Endodontics in Practice

Course Date:

- February 13-14, 2026
- July 24-25, 2026

CE Credits: 16

Length: 2 Days

Location: Apex, NC

Group Size: Limited to 15 Participants

Format: Interactive Lectures & Hands-On Training

Course Description

This dynamic and hands-on course is designed specifically for busy general dentists who wish to enhance their clinical confidence and competence in modern endodontic practice. Delivered through an engaging mix of interactive lectures, live demonstrations, and practical exercises, participants will refine their approach to predictable endodontic treatment using the latest evidence-based techniques.

Learning Objectives

- Diagnosis and treatment planning, including introduction to 3D CBCT imaging
- Techniques for maintaining pulp vitality and preventing endodontic intervention
- Assessment and management of cracked teeth
- Access cavity preparation and irrigation protocols
- Efficient canal instrumentation with next-generation nickel-titanium files
- Contemporary obturation methods and post-endodontic restorative procedures

Note: The February course is currently full. Registration information for the July session will be shared closer to the event date. If you're interested in this course, please contact Ella Leach at Ella@lightwavedental.com.



Surgical



Instructor:
Dr. Shreyesh Ruparelia, DDS, FICOI

Dr. Shreyesh Ruparelia is recognized as one of the nation's leading dental implant surgeons, known for his precision, compassion, and commitment to excellence in modern dentistry. He earned his Bachelor of Science in Biochemistry and Molecular Biology and his Doctor of Dental Surgery from the University of Maryland, where he also completed a competitive prosthodontic clerkship focused on dental implants, full-mouth reconstruction, and cosmetic dentistry.

A Fellow of both the International Congress of Oral Implantology and the Academy of General Dentistry, Dr. Ruparelia is certified in sedation dentistry, Invisalign, and laser dentistry. He has performed hundreds of full-arch implant procedures and thousands of implant placements, refining his expertise through advanced training at the Seattle Institute of Advanced Dental Education, the Misch Institute, and the Pikos Implant Institute.

An active member of numerous professional organizations, including the American Dental Association and the American Academy of Cosmetic Dentistry, Dr. Ruparelia continues to advance the art and science of restorative and implant dentistry. He lives in Leesburg, Virginia, with his wife and two children.

Implant Masterclass Series with Dr. Shreyesh Ruparelia

CE Credits: 16 per course

Location: NC and VA

Audience: General dentists seeking to develop and master implant surgical and restorative skills

Format: Progressive 3-Level Curriculum
(Didactic, Hands-On, and Live Surgery)

Level 1 | Foundations of Implantology

Level 2 | Multiple Implants & Advanced Bone Grafting

Level 3: | Full-Arch Surgery Protocols

Program Overview

The Implant Masterclass Series is a structured, three-tiered educational pathway designed to guide clinicians from foundational implant knowledge to advanced full-arch surgical mastery.

Led by Dr. Shreyesh Ruparelia, this comprehensive curriculum blends evidence-based didactic learning, practical hands-on training, and live clinical mentorship. Each level builds upon the previous, ensuring participants gain the confidence, precision, and clinical judgment necessary to perform implant surgery safely and predictably in practice.

Program Benefits

- Progressive learning path from single implant to full-arch mastery
- Hands-on and live-patient experience under expert supervision
- Small group format for personalized mentorship and feedback
- Comprehensive training in both surgical and prosthetic phases

Please contact Ella Leach with questions or interest. Ella@lightwavedental.com.

Level 1 | Foundations of Implantology

Course Date:

- April 10-11, 2026
- October 9-10, 2026

Course Description

This foundational course introduces dentists to the core principles of implant dentistry—covering anatomy, biology, and surgical fundamentals necessary for predictable single-tooth implant placement. Participants gain a thorough understanding of implant design, case selection, and surgical protocols while practicing on models and typodonts.

Key Topics

- History and Evolution of Dental Implants
- Anatomy Relevant to Implant Surgery (Jaws, Nerves, Sinuses, Bone Types)
- Osseointegration: Biology and Biomechanics
- Extraction and Bone Grafting in A and B Ridges
- Implant Design, Surfaces, and Materials
- Patient Selection and Risk Assessment
- Single-Tooth Implant Placement in A and B Ridges
- Flap Design and Suturing Techniques

Hands-On Training

- Model and Typodont-Based Drilling
- Suturing Technique Practice

Learning Outcome

Participants will confidently plan and execute single implant placements in ideal anatomical conditions.

Level 2 | Multiple Implants & Advanced Bone Grafting

Course Date:

- September 11-12, 2026

Course Description

Building on Level 1 fundamentals, this intermediate course focuses on treating complex cases involving multiple implants, challenging ridge anatomies, and the posterior maxilla. Participants will refine surgical precision, grafting techniques, and decision-making in various bone densities and esthetic zones.

Key Topics

- Multiple Implant Placement Protocols
- Implant Techniques in B, C, and D Ridge Types
- Posterior Maxilla Protocols and Sinus Grafting
- Drilling Protocols for Different Bone Densities
- Immediate vs. Delayed Placement
- Anterior Esthetic Site Implant Considerations

Hands-On Training

- Bone Grafting and Sinus Simulation Exercises
- Multi-Implant Surgical Planning and Guided Drilling

Learning Outcome

Participants will be able to confidently plan and perform multi-implant surgeries, manage sinus grafts, and handle complex ridge scenarios with predictable outcomes.

Registration information for all Implant courses will be shared closer to the event date. Please contact Ella Leach at Ella@lightwavedental.com with questions.

Level 3 | Full-Arch Surgery Protocols

Course Date:

- March 13-14, 2026

Course Description

The capstone of the Implant Masterclass Series, this advanced course immerses clinicians in comprehensive full-arch treatment planning and execution. Emphasis is placed on prosthetic integration, pterygoid implant placement, and immediate load protocols.

Key Topics

- Full-Arch Surgical and Prosthetic Planning
- Pterygoid Implants: Indications and Technique
- Immediate Prosthetic Records and Digital Design
- Managing Complications and Restorative Failures

Hands-On Training

- Participant-Assisted Full-Arch Implant Placement under Supervision
- One-on-One Mentorship with In-Office Live Cases

Learning Outcome

Graduates will master the clinical and prosthetic principles required to deliver predictable full-arch implant rehabilitations from planning to final restoration.



Implant Mentorship Program

Instructor Team: Lightwave Implant Mentorship Faculty
run by Ella Leach and Dr. Hesham Baky

Format: Hybrid – Virtual Mentorship & In-Person Surgical Training

Location: Practice-Based / Regional Offices

Duration: Ongoing Mentorship | **Tuition:** Free

Prerequisite: Approval for current implant placement and demonstrated commitment to expanding implant dentistry skills. All applicants are reviewed and approved by the Lightwave Implant Mentorship Team.

Program Overview

The **Lightwave Implant Mentorship Program** is a guided professional development pathway designed for doctors who are actively placing implants and wish to refine their skills, expand case complexity, and grow their implant practice.

This mentorship blends individualized coaching, hands-on surgical experience, and business strategy to create a comprehensive and sustainable approach to implant dentistry. Each participant is matched with a **dedicated mentor** — an experienced clinician skilled in both surgical and restorative implant workflows — to ensure continuous growth and clinical confidence.

What's Included in Your Mentorship

- **One-on-One Training Calls:** Monthly or weekly mentor sessions focused on case presentation, team engagement, and surgical best practices.
- **Pre-Surgery Case Reviews:** Personalized review of CT scans and iTero data prior to select implant procedures.
- **Hands-On Training:** In-person surgical guidance when applicable, including All-on-X and complex case mentorship.
- **Marketing & Growth Support:** Access to targeted marketing strategies to increase implant patient flow.

For marketing support: marketing@lightwavedental.com

Comprehensive Training Includes

- Treatment planning and case presentation
- CBCT unit operation and pathology interpretation
- Sedation techniques and safety protocols
- Bone and soft tissue grafting
- Team development, workflow optimization, and motivation
- Implant marketing and practice growth strategies

Program Outcome

Participants in the Implant Mentorship Program will:

- Gain clinical confidence in advanced implant surgery and restoration
- Develop efficient workflows for pre- and post-surgical coordination
- Strengthen case presentation skills and patient acceptance rates
- Build long-term strategies for scaling implant dentistry within their practice

Surgical Training Program: Extractions

Course Date:

- **Coming 2026!**

Registration will be sent via email.

CE Credits: 20+**Location:** NC**Group Size:** Limited to 15 Participants**Format:** Interactive Lectures & Hands-On Training

Course Description

An immersive, hands-on continuing education experience for general dentists seeking to elevate their surgical skills in third molar extractions, socket grafting, and straightforward implant placement. Built around a charity-based clinical model, this course combines didactic instruction with live-patient experience.

Learning Objectives

- Perform simple and moderate third molar extractions
- Conduct ridge preservation and socket grafting procedures
- Plan and execute straightforward implant cases
- Interpret CBCT imaging for surgical risk assessment
- Manage complications such as sinus involvement, bleeding, and nerve injury
- Understand patient consent, ethics, and nonprofit surgical workflows

**Instructor:****Dr. Jonathan Boes**

Dr. Jonathan Boes is a co-founder of Triangle Family Dentistry and Carolina Orthodontics and Children's Dentistry. A graduate of the University of North Carolina at Chapel Hill School of Dentistry, he also holds Bachelor's and Master's degrees in Computer

Engineering from Case Western Reserve University. A Fellow of the International Congress of Oral Implantologists (ICOI), Dr. Boes has completed thousands of successful implant and grafting procedures and brings extensive expertise in implantology, bone grafting, full-arch rehabilitation, and IV sedation. Renowned for his advanced training under leading implant educators, he is dedicated to teaching surgical extractions and implant techniques through a charitable, hands-on clinical model that emphasizes patient care and community impact.

Registration will be sent via email when schedule is determined.



Leadership

The Leader Continuum™ Leadership Development Coaching Program

Duration: 12 Months

Format: One-on-One Coaching & Guided Development

Partner Organization: The Lou Everett Group

Audience: Emerging, Advancing, and Established Leaders

Leader Continuum™ | Core

Leader Continuum™ | Strategic Executive



Program Overview

The Leader Continuum™ coaching and development program is a personalized, one-on-one leadership development experience designed specifically for doctor leaders and practice leadership teams. The program strengthens leadership capability, accelerates readiness, and reduces leadership risk by focusing on behavior change, decision quality, and real-time leadership effectiveness, not generic training. A high-touch, accountability-driven leadership coaching & development experience customized to each leader's current skillset, leadership maturity, and organizational context.



Instructor:
Lou Everett

Lou Everett is an executive coach, corporate trainer, and leadership development expert with more than two decades of experience helping professionals and organizations reach their full potential. As Co-Owner and CEO of The Lou Everett Group, he has guided leaders across industries in cultivating influence, resilience, and authentic leadership.

With a background in corporate education and executive training, Lou is a certified speaker, coach, and trainer, as well as an EQ Practitioner and Certified Technical Trainer. His approach blends behavioral analysis, strategic communication, and proven leadership principles to drive measurable growth. Lou holds a B.S. in Religion and Theological Studies from Liberty University and an A.S. in Psychology from Northampton Community College.

Leader Continuum™ | Core

Duration: 24 hours

Investment: \$5,497 per leader/year

Includes:

- Leadership/Communication Assessments
- Personalized roadmap
- 24 coaching/development hours
- Accountability support
- Limited on-demand access (10-minute phone calls/emails/texts)

Ideal for Partner Doctors, Directors (Regional), Executive Support (exec/leader assistants, etc.)

Leader Continuum™ | Strategic Executive

Duration: 36 Hours

Investment: \$8,497 per leader/year

Adds:

- Bi-weekly or weekly cadence
- Unlimited micro-access
- Executive decision support
- Enterprise leadership influence
- Optional AI enablement or team impact sessions

Ideal for VP, C-suite, Founder-level





Orthodontics

Strategic Partners Program (SPP) Invisalign, Gladwell Orthodontics



The Strategic Partners Program (SPP) is a comprehensive partnership designed to help general dentists confidently integrate, grow, and scale Invisalign and orthodontic services without disrupting their practice. This hands-on program embeds orthodontic expertise, training, and accountability directly into your practice, turning existing patients into predictable growth opportunities. Unlike a one-size-fits-all approach, SPP functions as an extension of your team, providing ongoing clinical guidance, operational support, and sales coaching throughout the year.



Instructor:
Dr. Jason Gladwell

Dr. Jason Gladwell is an accomplished orthodontist and practice leader based in Raleigh, North Carolina. He earned his Bachelor's degree in Business Management from North Carolina State University and his Doctor of Dental Surgery from the University of North Carolina at Chapel Hill School of Dentistry. He went on to complete his orthodontic residency and Master of Science in Dentistry at Virginia Commonwealth University.

A member of the Omicron Kappa Upsilon Dental Honor Society and recipient of numerous professional honors, Dr. Gladwell was recognized by the Triangle Business Journal as one of the region's "40 Under 40" for excellence in business and community leadership. Known for his commitment to patient care and innovation in orthodontics, he continues to serve the Raleigh community with dedication and expertise.

Step 1 | Interest Call with Amber Ayscue

Duration: 30 minutes

Schedule a call with Amber and she will provide a thorough explanation of the SPP, the commitment required from your team, and answer any questions you may have. She will also ask a series of questions to assess where you and your office currently stand and customize the approach based on your team's needs.

Step 2 | In Office Training

Duration: 2 Hours – Lunch Provided

The SPP training team will provide hands-on training with your team on the following topics:

- iTero: review scanning and verbiage
- Invisalign appointments (types and times)
- Record Taking: intraoral and extraoral photos
- Ortho Edge: PMS training & spreadsheet
- Front Desk: finance presentations
- TC & Hygienist: verbiage
- Case acceptance and barriers

Additional (or refresher) training can be requested and scheduled at any point throughout the year. SPP will work side by side with your Align Technology rep for you to gain the most out of the partnership and utilize all the resources available.

Step 3 | Attend an SPP Summit

Duration: 8 hours

CE Credits: 7

Location: Align Technology Headquarters, Raleigh, NC

A one-day, hands-on session held twice a year at Align Technology's headquarters in Raleigh, NC. This day is packed with presentations that benefit the entire team, featuring Dr. Gladwell, Key Opinion Leaders, and the marketing team. You'll leave with practical content you can immediately apply in your practice, such as case acceptance techniques, objection-handling language, team presentations, hands-on scanning, and much more. The Summit will help you and your team feel more confident by teaching you how to increase efficiency and profitability while maintaining quality patient care. All key Invisalign team members, including doctors, practice managers, treatment coordinators, clinical leads, hygienists, and dental assistants, are encouraged to attend.

2026 Summit Date:

- **Friday, April 24, 2026**
- **Friday, November 6, 2026**

Step 4 | Ask the Expert (ATE) Webinar Series

Duration: 1 hour

CE Credits: 1

Join a one-hour Zoom call where Dr. Gladwell and the SPP team will dive deep into the most requested topics, followed by a Q&A session. Enhance your Invisalign skills and get your questions answered during these quarterly webinars. Each session provides 1 hour of CE credit. While the sessions will be recorded for later viewing, live attendance is required to earn the CE credit.

2026 Virtual ATE Dates:

- Q1: Wednesday, February 25, 2026 | 1:00–2:00pm
- Q2: Wednesday, May 27, 2026 | 1:00–2:00pm
- Q3: Wednesday, September 2, 2026 | 1:00–2:00pm
- Q4: Wednesday, November 18, 2026 | 1:00–2:00pm

Step 5 | Utilize SPP Website Resources

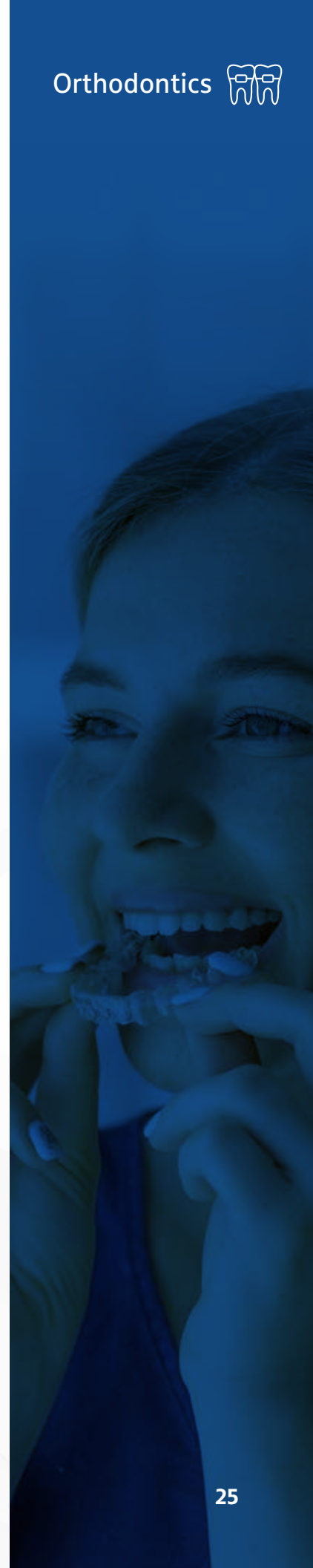
Introducing SPP's newest resource: Absorb. Updated weekly, Absorb is your go-to platform for continuing education, offering content to help you further refine your Invisalign skills in practice. Access past Summit lectures, marketing tips, and bite-sized training videos on the most requested topics. The content is available for all team members and includes doctor-focused talk tracks, finance presentations, marketing strategies, and much more.

Each office will have their own login and dashboard that Amber will be email blasting out soon.

Keys to Success in SPP

- Continuous training & involvement by the entire team (quarterly trainings).
- Intentional & consistent scanning protocols as a team.
- Having intentional conversations as a team/everyone talking from the same script & verbiage.
- Consistent meeting cadence between the GP doctor & SPP doctors.
- Encouraging & cultivating a solid marketing plan and strategies.

Contact Amber Ayscue to register for SSP or to request in-office training.
Aayscue@lightwavedental.com, (919) 883-8958.



Orthodontic Mini-Residency

Diagnosis & Treatment Planning for GP Confidence

AGD/PACE Certificate CE Event

Course Date: Friday, March 13, 2026, 9:00am - 4:00pm

Location: Gladwell Orthodontics Media Office, Raleigh, NC

CE Credits: 8

Audience:

- Lightwave GP doctors who want greater clinical confidence
- Doctors who want to start more Invisalign cases
- Doctors committed to using SPP at a higher level

Course Description:

A one-day clinical immersion for select Lightwave doctors.

Most GPs don't hesitate to start Invisalign because of execution. They hesitate because they're not fully confident in their diagnosis or treatment plan. This one-day Mini- Residency was created to solve that problem and to help GPs confidently recommend, start, and support more cases. If you're serious about growing Invisalign® in 2026, this event is for you.

We're providing:

- A diagnostic and treatment-planning immersion
- A confidence-building clinical reset
- Designed to increase appropriate Invisalign® case starts

What You'll Learn

Orthodontics 101: The Foundation

- The major orthodontic problem categories
- Simplified classification systems
- Tooth-driven vs. skeletal-driven problems

A Repeatable Diagnostic Framework

- A clear, step-by-step way to evaluate cases, eliminating uncertainty
- How orthodontists sequence diagnosis

Treatment Planning (Without Designing)

- What Invisalign® can predictably do and where it struggles
- How to evaluate a ClinCheck with confidence

Which Cases to Start and When

- Green / Yellow / Red case typing
- When to start confidently
- When to escalate or refer

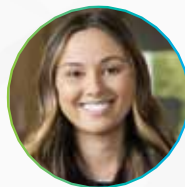
Communicating With Authority

- How to align your team before cases are presented
- How to explain plans clearly to patients
- How to prevent objections before they come up
- How to handle cost, time, and uncertainty when they do

Featuring talks by:



Dr. Jason
Gladwell



Emily
Abecasis



Dr. Ash
Mondavi



Amber
Ayscue



Drs.
Gorman



Lambert
(GP KOLS)



Restorative

Digitally Driven Restorative Excellence

A One-Year Mini-Residency

Course Date:

- March 27, 2026
- May 29, 2026
- Oct 30, 2026

Investment: \$2,999

This hands-on, three-part series with Dr. John Cranham is not a technique course. It's a thinking course that drives execution.

Digitally Driven Restorative Excellence is a one-year mini-residency for doctors who want a repeatable, digital-first system to diagnose, plan, and deliver complex restorative care—where esthetics, occlusion, and biology work together, not against each other.

Across three immersive in-person sessions, we move deliberately from how to think, how to design, how to execute, how to adapt, so excellence becomes predictable rather than accidental.

The Outcome

By the end of this one-year mini-residency, you won't just be more digital—you'll be more intentional, systematic, and confident.

You'll leave with:

- A FAESAD-based framework for comprehensive treatment planning
- A proven 2D, 3D, operatory digital workflow
- Stronger lab collaboration and execution systems
- The confidence to tackle advanced restorative and full-arch cases

This is digitally driven restorative dentistry done with purpose—where excellence is designed, validated, and repeatable.



Instructor:

Dr. John Cranham

Dr. John Cranham, former Clinical Director at The Dawson Academy, brings over 25 years of restorative and esthetic dentistry education, integrating digital workflows into clinical excellence.

Part One | Lecture Intensive

The Cosmetic–Occlusal Connection: FAESAD Planning & 2D, 3D Translation

Part One is the most important day of the entire program because every successful restorative case is won or lost in the planning phase.

We anchor the day in the FAESAD treatment planning process, teaching you how to treatment plan every complex case from a unified:

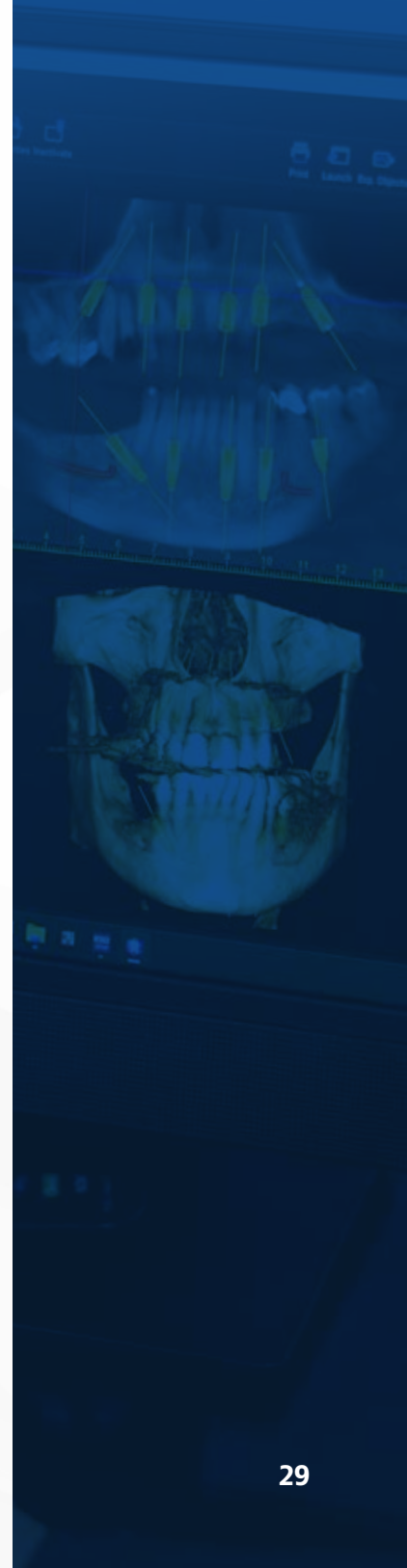
- Esthetic and facial perspective
- Occlusal and functional perspective
- Airway and biologic perspective
- Structural and durability perspective

From there, we lean hard into 100% digital workflows, harnessing the power of virtual articulation and digital design as true diagnostic tools—not just a means to fabricate restorations.

A critical emphasis of Day One is mastering the ability to:

- Begin with two-dimensional planning using high-quality clinical photography
- Collaborate with a qualified dental laboratory to transition that vision into three-dimensional digital design—utilizing virtual articulation to analyze tooth position from both an esthetic and functional perspective
- Validate esthetics, occlusion, and restorative space before ever entering the operator
- Seamlessly transition that digital plan back to the chair as a clear, executable roadmap

You'll see why this 2D, 3D, operator workflow is the single most critical aspect of every restorative case. When this step is done correctly, preparation design, material selection, occlusal harmony, and delivery all become simpler, more predictable, and far more efficient. This day changes how you think—and how you plan—forever.





Part Two | Hands-On Intensive

Restorative Execution: Design, Preps, Scans, Prototypes & Delivery

Part Two is where intentional planning becomes clinical reality.

This hands-on session emphasizes the absolute importance of digital design and lab collaboration as the backbone of modern restorative dentistry.

Key focuses include:

- Developing a digital design that drives preparation—not the other way around
- Working hand-in-hand with a competent laboratory as a true clinical partner
- Fabricating and utilizing preparation guides to ensure adequate restorative space for any material, every time
- Preparation design for a variety of situations to maximize esthetics, strength, tooth conservation, and longevity of the restoration
- How to manage tissue, for optimum scans every time (tissue health, retraction, laser)
- Scanning protocols that consistently deliver what the laboratory actually needs

We then walk through a clear, step-by-step delivery protocol, including:

- When and why adhesive dentistry is indicated
- When traditional cementation is the more predictable option
- Material-driven decision-making for confident, repeatable outcomes

This day removes guesswork and variability—replacing it with systems you can rely on.

Part Three | Advanced Problem Solving

Complex Cases, Full-Arch Foundations & 3D Printing

Part Three is where dentists move from competence to command.

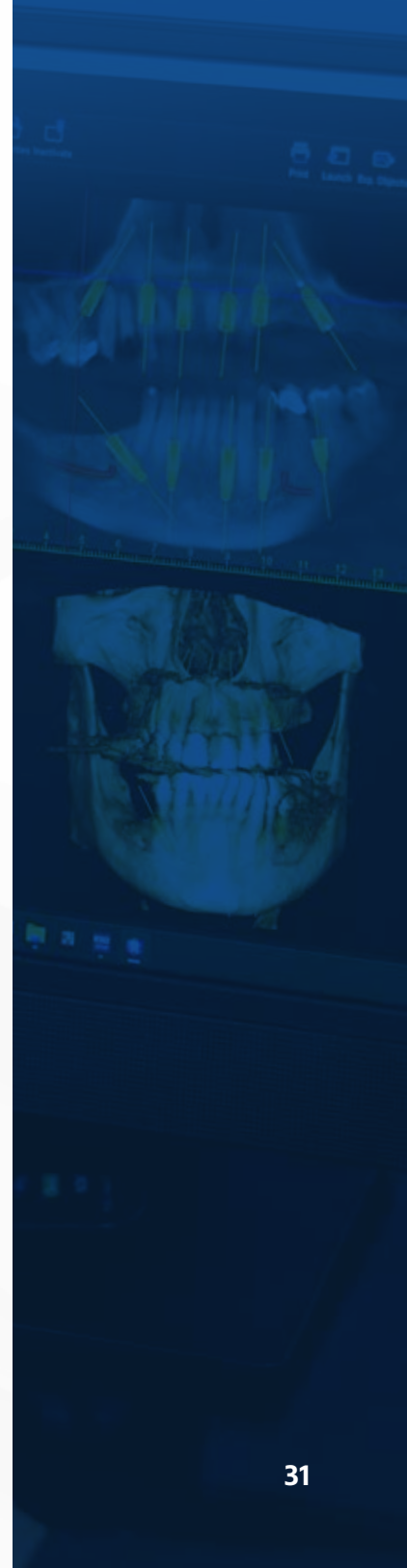
We focus on real-world challenges, including:

- Managing occlusal collapse, wear, and esthetic compromise
- Troubleshooting digital, restorative, and communication breakdowns
- Making intelligent adjustments when reality doesn't match the original plan

We also introduce the foundational principles of full-arch dentistry, with a practical focus on:

- Case selection and diagnostic considerations
- The use of printed provisional restorations as diagnostic, functional, and communication tools
- Where 3D printing fits into a modern restorative practice, and how to implement it intelligently

This is not about doing everything—it's about knowing what's next, and why.





Online Learning Experience

Dr. Cranham's Cosmetic Online Lecture Series presented in collaboration with Dental Practice Mastery

Open to all LWD Doctors free of charge.

Format: Live online sessions. Recording access for series subscribers (DPM).

This curated online program features three-hour live presentations delivered by doctors personally selected by Dr. Cranham—educators he deeply respects and considers to be at the absolute forefront of esthetic and restorative dentistry. These are clinicians who don't just talk about excellence—they consistently deliver it.

While live attendance is strongly encouraged to maximize engagement and real-time learning, all participants will also have full access to recorded sessions, allowing for flexibility and continued review throughout the year.

Dr. Cranham believes it is critical for every doctor striving to be their best to see as much beautiful, comprehensive dentistry as possible—from as many different perspectives as possible. Exposure to multiple philosophies, techniques, and workflows elevates clinical judgment, sharpens esthetic vision, and accelerates growth in ways no single voice ever could.

If doctors were to see these speakers individually at meetings across the country, they would easily spend thousands of dollars each year. This series represents a unique opportunity to access that level of education from the comfort of your own home, while integrating those insights directly into a structured, year-long mini-residency experience.

This online component transforms the program from a series of courses into a continuous, immersive educational journey—designed to support mastery, confidence, and long-term restorative excellence.

Creating a Thriving Cosmetic Practice Within Your General Practice

Course Date:

- February 4, 2026 · 8:00–10:00 EST

Instructor:

Dr. John Cranham

How “Perio” Supports Restorative/Cosmetic Excellence

Course Date:

- March 13, 2026

Instructor:

Dr. James Kohner

Goal-Oriented Orthodontics for the Restorative Dentist: Function, Aesthetics, Airway

Course Date:

- April 3, 2026

Instructor:

Dr. L. Douglas Knight

Digitally Driven Cosmetic Aesthetic Excellence

Course Date:

- May 8, 2026

Instructor:

Dr. John Cranham &
Special Guests

Cosmetic Dentistry Unplugged: Building a Brand, a Practice, a Philosophy

Course Date:

- June 12, 2026

Instructor:

Dr. Adamo Notarantonio

Mastering Anterior Esthetic Composite Restorations: Materials & Techniques

Course Date:

- September 18, 2026

Instructor:

Dr. Bob Margeas &
Dr. Marcos Vargas

The 4 Keys to Thrive as an Independent Dentist in a DSO & PPO World

Course Date:

- October 9, 2026

Instructor:

Kirk Behrendt

Lithium Disilicate & Zirconia: Clinical & Science-Based Essentials

Course Date:

- November 6, 2026

Instructor:

Dr. Taiseer Sulaiman

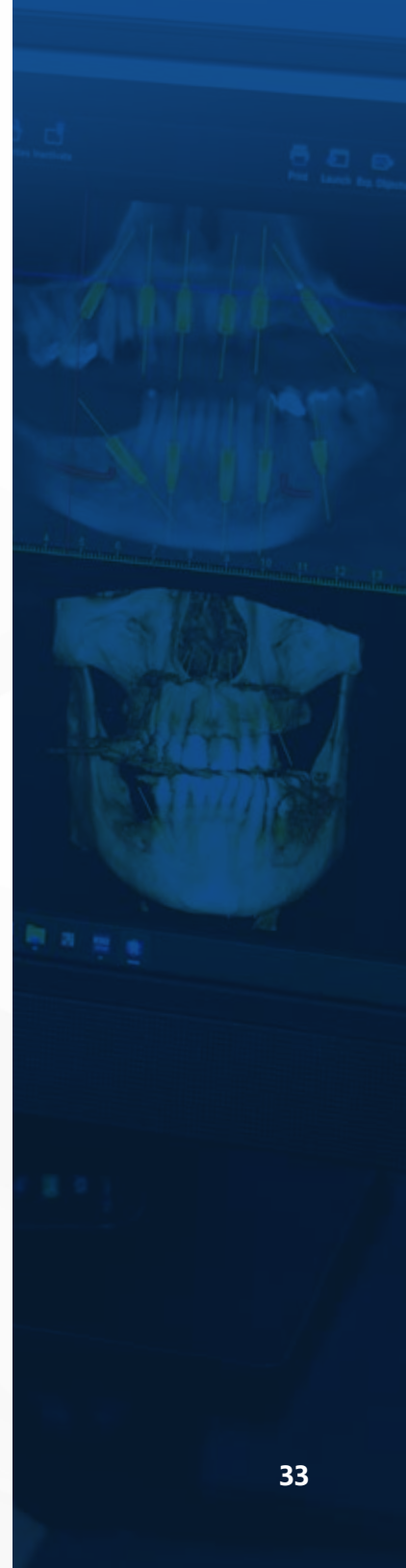
Restoring Dental Implants in the Esthetic Zone

Course Date:

- December 11, 2026

Instructor:

Dr. Jonathan Esquivel





Three-part courses coming in 2026 with Dr. Rebecca Fronheiser and are open to doctors and hygienists. These will be 1-hour virtual events. Live, in-person lectures are available.

Course Date:

- TBD

Keep an eye out for more info and to register!

CE Credits: 1



Instructor:

Dr. Rebecca Fronheiser

Course 1 | Core Concepts in Dental Sleep Medicine

Course Description

The American Academy of Sleep Medicine reports a continued increase in the prevalence of Sleep-Related Breathing Disorders, such as sleep apnea. Over the past decade, sleep apnea and snoring have gained widespread awareness and collaborative treatment efforts. This has fueled the growth of Dental Sleep Medicine and expanded the role of dental hygienists as key players in treating sleep apnea. With their close patient interactions and expertise in oral health, dental professionals can identify key indicators of sleep apnea and snoring, making them essential in the early detection of sleep-related breathing disorders. Recognizing that the “head” is connected to the “body,” dentistry’s role in healthcare has become increasingly interdisciplinary. This course provides an introductory clinical overview of Dental Sleep Medicine and the opportunities it offers dental professionals.

Learning Objectives

- Define obstructive sleep apnea (OSA), sleep breathing disorders, and current screening methods
- Identify the connection between untreated sleep breathing disorders and systemic health conditions
- Discuss the role of the Dental Professional in Dental Sleep Medicine
- Discuss standard and adjunctive treatments for individuals with sleep breathing disorders
- Describe the unique strengths of dental professionals to educate patients about sleep breathing disorders
- Explore current treatment options such as myofunctional therapy and oral appliance therapy

Course 2 | Growing Airways, Growing Kids

Course Description

The pediatric airway and sleep field highlights the vital connection between dental anatomy and a child's sleep quality and behavior. Early dental development, including the alignment and positioning of teeth and the structure of the jaw, plays a crucial role in the function of the airway. Any disruptions or imbalances in dental anatomy can impact breathing patterns during sleep, contributing to issues like snoring, sleep apnea, and disrupted sleep cycles. These disruptions not only affect a child's ability to get restful sleep, but can also influence mood, attention, and overall behavior. Understanding how the airway functions alongside the growing dental structures can empower dental professionals and parents to address potential sleep-related concerns early on, promoting better sleep, healthier development, and improved behavior.

Learning Objectives

- Understand signs of Sleep Disordered Breathing (SDB) in kids
- Recognize symptoms of Sleep Disordered Breathing in kids
- Appreciate the pathophysiology of SDB in children is different than in adults, and why it's often more difficult to diagnose
- Medical comorbidities of pediatric SDB
- Learn screening tools that are easy to use, affordable and effective
- Know how to best communicate with your medical colleagues





Course 3 | Sleep Is Not One-Size-Fits-All

Course Description

This course takes dental professionals on an insightful journey through the key differences in sleep-related breathing disorders between men and women. You'll explore how biological and hormonal factors uniquely shape the sleep experiences of each gender and how these factors can be identified through dental examinations. For women, sleep patterns may be influenced by hormonal fluctuations during menstruation, pregnancy, and menopause, leading to specific signs that can be detected in their oral health and breathing patterns. In contrast, men may show increased risk for conditions like sleep apnea, often linked to anatomical differences and other risk factors. Through this course, dental professionals will gain practical tools for recognizing gender-specific signs and symptoms in their patients, enhancing their ability to recognize sleep disturbances in both men and women, ultimately improving their patients' overall health.

Learning Objectives

- Learners will develop the ability to identify gender-specific signs and symptoms of sleep disorders
- Understand how hormonal fluctuations in women (such as during menstruation, pregnancy, and menopause) affect sleep-related breathing disorders
- Recognize anatomical features in men can influence sleep-related breathing disorders
- Determine tailored interventions and strategies for managing sleep disorders, helping both male and female patients improve sleep quality and overall health
- Participants will be empowered to educate patients about the impact of sleep disorders and the connection between oral health and sleep, promoting proactive approaches to sleep hygiene

Please contact Ella Leach to register or with questions. Ella@lightwavedental.com





Hygiene Education at Lightwave University

Empowering hygienists to elevate patient care, clinical excellence, and professional growth.

Hygienists make up the largest clinical community within Lightwave, and their expertise is essential to delivering the high standard of care our practices are known for. Lightwave University is committed to supporting this group with ongoing education that strengthens clinical skills, enhances patient communication, and builds confidence in both routine and advanced hygiene procedures.



Our hygiene curriculum blends clinical knowledge, evidence-based treatment strategies, workflow optimization, and emerging technologies. Hygienists have access to a wide range of continuing education opportunities throughout the year—from foundational refreshers to advanced specialty topics—designed to help them grow as practitioners, leaders, and essential partners in patient health.

Lightwave's hygiene community has a strong culture of collaboration and professional support, highlighted each year through events like Lightwave ELEVATE, which bring hygienists together for continuing education, hands-on learning, and shared best practices.

Curodont Education

Course Date:

January 13, 2026 | 1:00pm & 7:30pm

April 7, 2026 | 1:00pm & 7:30pm

CE Credits: 1**Instructor:** Eve Shea, RDH

Curodont is a hot topic in dentistry today! It has the potential to completely change how you treat incipient lesions.

Learn how Curodont works and how to weave it into your current workflow. Course will show in real time how to place the product and answer any of your questions.

Join Eve Shea, RDH, as she provides an hour of education on how Curodont can work for your practice and elevate your patient care.

Owning Your Schedule

Course Date:

January 27, 2026 | 1:00pm

February 5, 2026 | 7:30pm

CE Credits: 1**Instructor:** April Dagostino, Scheduling Operations Manager

April Dagostino, our Scheduling Operations Manager, has over 12 years of experience in the dental field. Her personality is bubbly, and her smile is infectious! Join her as she unpacks how to empower dental hygienists to take ownership of their schedules and play an active role in achieving practice success. Learn how good scheduling impacts patient care, productivity, and team efficiency.

Register for January 27



Register for February 5



Treating Periodontal Disease in the Antibiotic Age

Course Date:

March 10, 2026 | 7:30pm

March 24, 2026 | 1:00pm

CE Credits: 1**Instructor:** Presented by Perio Protect

This course explores why traditional antibiotic approaches to periodontal disease have limited long-term effectiveness and how modern adjunctive treatments — especially Perio Tray™ therapy with hydrogen peroxide gel — can improve patient outcomes when combined with conventional periodontal care. It explains how delivering antimicrobial therapy deep into periodontal pockets can reduce chronic bacterial biofilm, promote healthier tissue, and enhance the body's immune response in what is often referred to as the post-antibiotic age.

Haleon Lunch & Learn: “It’s a New Sensodyne

Course Date:
March 24, 2026 | 1:00pm

CE Credits: 1

Instructor: Presented by Haleon

Our annual Lightwave Lunch & Learn is back!! Haleon graciously provides us a company-wide lunch and learn where we get a glimpse of their new products for 2026!

Contact your Haleon rep to get signed up!

Communication That Connects: The Hygienist’s Guide to Self, Patients, and Team

Course Date: May 2026

CE Credits: 1

Instructor: Dr. Kelly Tanner, PhD, RDH

Effective communication starts with understanding yourself. This course provides hygienists with a clear, practical framework for recognizing behavioral styles within themselves, their patients, and their team. This course helps participants identify communication patterns, reduce friction, build trust, and adapt their approach in ways that improve patient clarity and strengthen team alignment. The result is a more confident hygienist, a more collaborative workplace, and more meaningful chairside conversations that drive better clinical outcomes.



Instructor:
Dr. Kelly Tanner, PhD, RDH

Dr. Kelly Tanner is a renowned leader and a pioneering force in transforming dental care and fostering professional growth within the industry. She holds a Ph.D. in Business and Leadership and leverages her expertise to empower dental teams. As a sought-after consultant and trainer, Dr. Tanner specializes in developing sustainable systems for enhanced productivity and accountability, cultivating a culture of ownership in case acceptance, and strengthening patient-team relationships through trust-building strategies. Recognized for her ability to inspire and motivate, Dr. Tanner has catalyzed positive change in dental practices nationwide. Her work consistently results in more engaged teams, satisfied patients, and thriving practices.

Lightwave ELEVATE Courses

Leading from the Operator

Course Date:
September 11-12, 2026

CE Credits: 2

Instructor: Dr. Kelly Tanner, PhD, RDH

Every hygienist leads the moment they step into the operator—but the first person they lead is themselves. Leading from the Operator focuses on self-leadership as the foundation for confident communication, a stronger culture, and better patient relationships. This course provides hygienists with simple, practical ways to center themselves, create clarity in their day, and positively influence others through presence, consistency, and authentic connection. When you lead yourself well, everything in the operator follows.

The Essentials of Dental Hygiene

Course Date:
September 11-12, 2026

CE Credits: 4

Instructor: Dr. Kelly Tanner, PhD, RDH

This immersive course is designed specifically for dental hygienists seeking to expand their knowledge, enhance their skills, and stay ahead in the ever-evolving profession of dental hygiene. The session covers essential clinical topics that support comprehensive, patient-centered care. Through engaging discussion, hands-on experience, and demonstration of current technologies, participants will deepen their understanding of caries risk, periodontal health, patient communication, and personalized home-care strategies. This course equips hygienists with the confidence and clinical insight to elevate the level of care they provide every day.

See the Monday Updates or Clinical SharePoint page for registration details coming on each of these dates.



Scan for more information

